

# INDEPENDENT LIVING

Independent Living is the right of all people, regardless of their capabilities, to control and direct their own lives and to participate fully and meaningfully as equal members of society. This philosophy is a response to the existing community barriers, low expectations, stigma, prejudice, discrimination and other social and political restrictions, which tend to limit persons with disabilities from fully participating in their communities.

## Illinois Network of Centers for Independent Living

*Representing Illinois' 22 Centers for Independent Living*

**Full Equality & Civil Rights for People with Disabilities**

*Illinois Network of Centers for Independent Living*

1 West Old State Capitol Plaza  
Suite 501  
Springfield, IL 62701  
217-525-1308 v/tty  
217-525-1312 fax

[incil.org](http://incil.org)

## WHO WE ARE

**INCIL** is the statewide association of which the 22 Centers for Independent Living are members. Through the centers, persons with disabilities in Illinois are empowered with the knowledge and skills to make their own life choices and pursue their own goals of self-sufficiency and full participation in their communities.

Centers for Independent Living (CIL) are non-profit, non-residential, community based organizations which provide resource and advocacy services to persons with disabilities.

Centers offer four core services:

- *Peer Mentoring*
- *Information and Referral*
- *Independent Living Skills Training*
- *Advocacy*

All services are free and individualized according to the needs and choices of the consumer.

## WHAT WE DO

Our efforts are directed toward educating the community of persons without disabilities about the reality of persons with disabilities...that they are people of equal value, with similar dreams, goals and ambitions, who deserve an equal opportunity to fulfill their potential. We want to remove the face of pity from the image of disability and replace it with one of positive capability. We are a resource to our member centers in assisting with their growth and development, and a resource to the community in providing the information and technical assistance they need in creating an open environment of equality for all citizens.

Finally, we are an advocate for the rights and full inclusion of persons with disabilities, and for the support of those services, which allow individuals with disabilities to achieve their goals.

## Illinois Centers for Independent Living

### Access Living of Metropolitan Chicago

115 W. Chicago Avenue  
Chicago, IL 60654  
312-640-2100  
www.accessliving.org  
Serving the City of Chicago

### Advocates for Access

4450 N. Prospect Rd., Suite C 8  
Peoria Heights, IL 61616  
309-682-3500  
www.advocatesforaccess.com  
Serving Fulton, Peoria, Tazewell and Woodford Counties

### AIM Center for Independent Living

3130 Finley Rd., Suite 500  
Downers Grove, IL 60515  
630-469-2300  
www.dupagecil.org  
Serving DuPage, Kane and Kendall Counties

### Illinois/Iowa Center for Independent Living

501 11th Street  
Rock Island, IL 61201  
309-793-0090  
www.iicil.com  
Serving Henry, Mercer, and Rock Island Counties in Illinois and Clinton, Muscatine and Scott Counties in Iowa

### Illinois Valley Center for Independent Living

18 Gunia Drive  
LaSalle, IL 61301  
815-224-3126  
www.ivcil.com  
Serving Bureau, LaSalle, Marshall, Putnam and Stark Counties

### IMPACT

2735 East Broadway  
Alton, IL 62002  
618-462-1411  
www.impactcil.org  
Serving Bond, Calhoun, Greene, Jersey, Macoupin, and Madison Counties

### Jacksonville Area Center for Independent Living

15 Permac Road  
Jacksonville, IL 62650  
217-245-8371  
www.jacil.org  
Serving Cass, Mason, Morgan, and Scott Counties

### Lake County Center for Independent Living

377 N. Seymour Avenue  
Mundelein, IL 60060  
847-949-4440  
www.lccil.org  
Serving Lake and McHenry Counties

### LIFE Center for Independent Living

2201 Eastland Drive, Suite #1  
Bloomington, IL 61704  
309-663-5433  
www.lifecil.org  
Serving DeWitt, Ford, Livingston, and McLean Counties

### LINC, Inc.

#1 Emerald Terrace, Suite 200  
Swansea, IL 62226  
618-235-9988  
www.lincinc.org  
Serving Monroe, Randolph, and St. Clair Counties

### Northwestern Illinois Center for Independent Living

412 Locust Street  
Sterling, IL 61081  
815-625-7860  
www.nicil.org  
Serving Carroll, Jo Daviess, Lee, Ogle, and White-side Counties

### Opportunities for Access Center for Independent Living

4206 Williamson Place, Suite 3  
Mt. Vernon, IL 62864  
618-244-9212  
www.ofacil.org  
Serving Clay, Clinton, Edwards, Effingham, Fayette, Hamilton, Jasper, Jefferson, Marion, Wabash, Washington, Wayne and White Counties

### Options Center for Independent Living

22 Heritage Drive, Suite 107  
Bourbonnais, IL 60914  
815-936-0100  
www.optionscil.org  
Serving Iroquois and Kankakee Counties

### PACE, Inc.

1317 East Florida  
Urbana, IL 61801  
217-344-5433  
www.pacecil.org  
Serving Champaign, Douglas, Edgar, Piatt, and Vermilion Counties

### Progress Center for Independent Living

7521 Madison Street  
Forest Park, IL 60130  
708-209-1500  
www.progresscil.org  
Serving Suburban Cook County

### Regional Access & Mobilization Project (RAMP)

202 Market Street  
Rockford, IL 60117  
815-968-7467  
www.rampcil.org  
Serving Boone, DeKalb, Stephenson, and Winnebago Counties

### Southern Illinois Center for Independent Living

2135 West Ramada Lane  
Carbondale, IL 62901  
618-457-3318  
www.sicil1.org  
Serving Franklin, Gallatin, Hardin, Jackson, Perry, Saline, and Williamson Counties

### Soyland Access to Independent Living

2449 Federal Drive  
Decatur, IL 62526  
217-876-8888  
www.decatursail.com  
Serving Clark, Coles, Cumberland, Macon, Moultrie, and Shelby Counties

### Springfield Center for Independent Living

330 South Grand Avenue West  
Springfield, IL 62704  
217-523-2587  
www.scil.org  
Serving Christian, Logan, Menard, Montgomery, and Sangamon Counties

### Stone-Hayes Center for Independent Living

39 North Prairie Street  
Galesburg, IL 61401  
309-344-1306  
www.stone-hayes.org  
Serving Henderson, Knox, and Warren Counties

### West Central Illinois Center for Independent Living

639 York Street, Suite 204  
Quincy, IL 62301  
217-223-0400  
www.wcicil.org  
Serving Adams, Brown, Hancock, McDonough, Pike, and Schuyler Counties

### Will-Grundy Center for Independent Living

2415 A West Jefferson Street  
Joliet, IL 60435  
815-729-0162  
www.will-grundycil.org  
Serving Grundy and Will Counties